

DISCOVERING THE UNLIVED LIFE THROUGH BODYDREAMING™ AND MASK WORK

A Marion Woodman Foundation Community Workshop



13th - 18th June 2017

Led by

Sue Congram & Marian Dunlea

**At the traditional, charming SKITES Hotel,
Ouranoupolis, Chalkidiki, Northern Greece**

THE WORKSHOP

This workshop uses BodyDreaming™, active imagination, movement, voice work, mask and art to explore the as yet 'unlived life' — becoming more of the person that you were born to be.

Skites is beautifully situated and ideally suited to this kind of exploration. We work under a canopy of trees, overlooking the sea, supported by the beauty of nature. There we awaken to our body's wisdom, listen to our dreams and give expression to this new energy in the creation of a mask. We have developed this popular workshop through our wide experience as practitioners, informed by the teachings and trainings we have both engaged in for over 30 years - Jungian Analytical Psychology, Gestalt, BodySoul Rhythms of the Marion Woodman Foundation and Somatic Experiencing Trauma Training.



*You must give birth to your images.
They are the future waiting to be born.*

Rainer Maria Rilke

WHO IS THE WORKSHOP FOR?

- ☀ Men and women who are engaged in their own personal work and want to inquire more deeply.
- ☀ People who have worked with masks and want to explore more fully the relationship between mask work and dreams.
- ☀ People who are professionally engaged in working with the development of others and interested in learning about the process of 'active imagination' using dreams, art, body, voice and mask work.



Couples have benefitted enormously from attending this workshop together, however this is not an event for remedial work on relationships that are breaking down, but an opportunity for deepening your own self understanding in a shared space.

ACCOMMODATION www.skites.gr

Skites is a delightful villa set in its own grounds on the coast of Northern Greece. With private access to the sea and private beach, this venue offers a wonderful space for personal reflection and relaxation.



THE PROGRAMME

The programme will start at 18:00 on the 13th June, ending after dinner on the 18th June.

On this workshop you will discover how to work with dreams through image and bodywork, you will explore your deeper self through active imagination, movement and voice, you will make a mask that symbolises an un-lived part of yourself, exploring how to live the new energy that arises from your inner work.

If you have already made a mask, you may wish to bring it and work more deeply with it instead of making a new one. The un-lived life of your mask may still be calling you, how might it be for you to explore the mask energy in new and different ways, opening yourself to a deeper calling that is yet to be discovered?



Marion Woodman once told a story of a dreamer, dreaming of a caged bird lying forgotten in the attic. On retrieving the bird the dreamer hears its voice "I only wanted to sing my song".

You will be asked to bring a number of items such as journal and soft pastels. We will contact you nearer the time to provide you with full details of these requirements along with travel information from Thessaloniki to Skites.

PROGRAMME LEADERS

Sue and Marian bring together a unique combination of knowledge, skills, experience and creative inspiration to this event. They have both completed the Leadership Programme with Marion Woodman, run by the Marion Woodman Foundation. www.mwoodmanfoundation.org

Sue Congram PhD CPsychol. GPO-EAGT, is a founder of the Leaderful Women Project, working in-depth with senior-level women to 'illuminate the eclipsed' in their leadership. Sue is an experienced business development psychologist, and Founding director of Engendering Balance, a consultancy working with leading edge learning in leadership, based on her PhD research. Sue teaches Gestalt in Scandinavia, Greece and the UK and supervises students on theses for diploma qualifications.



She is on the core faculty of the Marion Woodman Foundation. Sue has published five books and numerous papers and chapters on diversity, strategy, coaching supervision and psychology.

www.suecongram.co.uk

www.leaderfulwomen.org



Marian Dunlea MSc, ICP, ISJA, IAAP, Jungian Analyst, Trauma Therapist, Core faculty of the Marion Woodman Foundation. Director and Trainer of the BodySoul Leadership Training Programme in Europe. Creator of BodyDreaming™, an innovative approach to therapy that integrates somatic perspectives and Jungian analytical psychology. She teaches seminars and workshops internationally and is currently awaiting the publication of her book.

www.mariandunlea.com

BOOKING THE WORKSHOP

Early Bird Rate: £ 575 / € 675 paid before 25th March 2017

Standard Rate: £ 650 / € 750 paid before 31st May 2017

A £175 / €200 deposit is required to secure a place on the Workshop. The deposit is non-returnable.

This is a popular workshop, we recommend early booking.

All workshop bookings can be made by emailing or phoning either of the Leaders;

Sue Congram (UK) suecongram@mac.com

Tel 0044 (0) 1981 580040

Mob 0044 7837 036051

Marian Dunlea (Ireland) mariandunlea@gmail.com

Tel 00353 8797 90677



BOOKING YOUR ACCOMMODATION

All rooms are en-suite, air conditioned and many with balconies and sea views. The reasonable cost of this venue includes breakfast.

You will be required to book your accommodation yourself by emailing

Karin Bohn (Greece)

info@skites.gr

Accommodation charges

You will need a minimum of 6 nights - arriving 13th and leaving 19th June. Extra stay either side of the workshop can be booked at the same room rates.

ROOM	OCCUPANCY	Per night with breakfast (euros)
Twin with garden view	One person or two sharing	Before 25th March - €90 After that - €105
Upper floor room with sea view	One person or two sharing	Before 25th March - €110 After that - €145



Meal charges

Breakfast is included in the accommodation charge. We have a special rate that allows us to enjoy Skites excellent Mediterranean lunch and dinner, cooked and presented freshly to the tables in the Garden Restaurant. This is €25 per day covering both lunch and dinner. We will have a celebratory dinner on the Sunday night and this will be an additional €15.

Payment methods

A 50% deposit from the total reservation (accommodation & meals) is required upon reservation; the outstanding balance is due on departure.

The accommodation and meals served during the Workshop should be paid within the final hotel bill by card (Skites accept: Visa, MasterCard and Maestro).

Skites would appreciate to be paid cash for all extras consumed in the bar & restaurant



Transfers to/from Thessaloniki

Skites is around 140 km from Thessaloniki. There is a bus service from Thessaloniki. Also Skites can arrange a taxi from the town or the Airport

Accommodation Cancellation Fees

Less than 21 days before arrival:	50% of total
Less than 7 days before arrival:	100% of total
No show or early departure:	100% of total

